

TRACY LAMPERTI, LMHC, BCETS
2020 Bridge Rd.
Eastham, MA 02642
774-722-5919

EMPLOYMENT

THERAPIST, Private Practice, Brewster, MA

October 1998 – Present

- Family, couple, individual, group counseling to all ages
- Psychosocial Assessment, Treatment Planning, Referral, Consultation, Aftercare planning, Expert Witness testimony
- Trauma, transition, divorce, stress, addiction, anxiety, depression, crisis management, personality disorders, court involved
- Solution focused, cognitive behavioral, expressive, psychodynamic, play therapy

THERAPIST, Psychiatric Collaborative, Inc. & Collaborative Care, Inc., Chatham, MA

October 1998 – February 2002

- Same as above, as member of private group practice

THERAPIST, South Bay Mental Health, South Yarmouth, MA

Aug. 1996 – November 1998

- Same as above, as employee of a clinic serving clients primarily in their own environment.

SOCIAL WORKER, Department of Social Services, South Yarmouth, MA

June 1993 – August 1996

- Family Assessment, Service Planning and referral, Risk Assessment, Crisis Intervention, Preparation and initiation of Care & Protection Petition, Legal testimony, Extensive interaction with collateral agencies and community services, 210/Adoption decision making and planning

GRADUATE INTERN, South Bay Mental Health, S. Yarmouth, MA

Sept. 1995 – May 1996

- 600 hour Internship; Provided individual, family and group counseling

GRADUATE PRACTICUM, Department of Social Services, S. Yarmouth, MA

May 1994 – Dec. 1994

- 150 Hour Practicum; Provided clinical social work as noted above but focusing on the aspects of termination, transference and countertransference. Developed and ran adolescent group focusing on peer support and awareness.

RECREATION & EDUCATION COORDINATOR, Career Apprenticeship Program, Hyannis, MA

Feb. 1993 – June 1993

- Developed and implemented group workshops (recreational, educational, social and emotional) to facilitate client growth and development among learning challenged young adults. Provided case management and money management to individual clients. Supervise clients as a group for the purpose of skill building and to facilitate age appropriate social and emotional behavior.

OUTREACH CASEWORKER, The KEY Program, Inc., Alternatives For Youth, Fall River, MA

Sept. 1991 – Nov. 1992

- Provided individual, family and group counseling to adolescents and their families.
- Designed and facilitated Life-Skill, problem solving, recreational and peer groups.
- Advocated with; Dept. of Youth and Social Services, schools, counseling agencies, Courts, and prospective employers.
- Conducted intakes and formulated assessments, treatment plans, monthly and daily progress reports, and aftercare planning.
- Monitored client behavior through intensive tracking and implementation of behavior management techniques.
- Participated in the on-call system providing 24-hour crisis intervention.

RESIDENTIAL RELIEF COUNSELOR, Project RAP, Cornerstones Home for Children ages 8-12, Beverly, MA

Feb. 1990 – May 1991

- Provided 1:1 behavior modification
- Worked in a team approach to enforce house rules and facilitate a positive environment
- Utilized Token Economy system in managing children's behavior in the residence and at home provided support and feedback to parents during visitation.

RAPE CRISIS COUNSELOR, Project RAP, North Shore Rape Crisis Center, Beverly, MA

Feb. 1990 – May 1991

- Completed 35-hour certification program. Provided crisis counseling, intervention and referral both over the phone and through direct contact at the hospital. Assessed clients' needs and emotional state providing support and development of emergency plan when necessary.

EDUCATION

MASTER OF ARTS IN COUNSELING PSYCHOLOGY
Lesley University Graduate School, Cambridge, MA, May 1996

BACHELOR OF SCIENCE IN PSYCHOLOGY

Curriculum Vitae of Tracy Lamperti, LMHC, BCETS 4/2019

Minor: Business Administration
Salem State College, Salem, MA, May 1991

LICENSURE

LICENSED MENTAL HEALTH COUNSELOR #4195 June 24, 1998 – Present
MASSACHUSETTS LICENSED SOCIAL WORKER #3027123 August 1996 – October 2002

CERTIFICATION

HEALTHY SEXUALITY 2008
BOARD CERTIFIED EXPERT IN TRAUMATIC STRESS 2002
RAPE CRISIS COUNSELOR 1990
EARLY CHILDHOOD EDUCATION 1987
REFUSE TO BE A VICTIM, NRA, CERTIFIED INSTRUCTOR 2012
DARKNESS TO LIGHT, CERTIFIED FACILITATOR 2011

PROFESSIONAL MEMBERSHIP

MASSACHUSETTS MENTAL HEALTH COUNSELORS ASSOCIATION 2012 – Present
AMERICAN ASSOCIATION OF CHRISTIAN COUNSELORS 2006 – Present
NEW LIFE COUNSELING MINISTRIES 2006 – Present
AMERICAN ASSOCIATION OF EXPERTS IN TRAUMATIC STRESS 2002 – Present
AMERICAN COUNSELING ASSOCIATION 1999 – 2007

TRAINING/CONTINUING EDUCATION

CONSCIENTIOUS EATING: MENTAL HEALTH, INFLAMMATION AND THE AGING BRAIN
Institute for Brain Potential, Hyannis, MA, April 17, 2019, Lisa E. Goehler, Ph.D., (CEUs 6)

RESONANT RELATIONSHIPS

Cape Cod Institute, Eastham, MA, June 25-29, 2018, Fran Johnston, Ph.D. (CEUs 15)

HEALTH WELLNESS ASSESSMENT: WHERE TO START
Light University, Online Learning, December 28, 2017 (CEUs 1)

TURNING YOUR GREAT IDEA TO HELP OTHERS INTO A BOOK OR SEMINAR
Light University, Online Learning, December 28, 2017 (CEUs 2)

NEUROSCIENCE FOR CLINICIANS, BRAIN CHANGE FOR STRESS, ANXIETY, TRAUMA, MOODS AND SUBSTANCE ABUSE
Pesi, Hyannis, MA, November, 15, 2017, Charles A. Simpkins, Ph.D. (CEUs 6.25)

APPLIED MINDFULNESS

Cape Cod Institute, Eastham, MA, August 15-19 2016, Flint Sparks, Ph.D. (CEUs 15)

THE PHARMACY IN YOUR KITCHEN: AN OVERVIEW OF MEDICAL AND MEDICINAL FOODS
Institute for Brain Potential, Hyannis, MA, May 11, 2016 (CEUs 6)

FUNDAMENTAL INTENSIVE TRAINING IN ERICKSONIAN APPROACHES TO HYPNOSIS
The Milton H. Erickson Foundation, Inc., Phoenix, AZ, July 14-18, 2014 (CEUs 30)

USING THE DSM-5 FOR REVOLUTIONIZING DIAGNOSIS & TREATMENT
Pesi Healthcare, Hyannis, MA, February, 10, 2014, Robert Bogenberger, MA, Ph.D. (CEUs 6.25)

ADVANCED TECHNIQUES OF THERAPY

Cape Cod Institute, Eastham, MA, August 12-16, 2013, Jeffery Zeig, Ph.D. (CEUs 15)

ADULT AND PEDIATRIC FIRST AID/CPR/AED
American Red Cross, Hyannis, MA May 29, 2013

TOOLS FOR LIFE FOCUSING, LEVEL I

Carol J.S. Nickerson, LICSW, CFT, Harwich, MA, March 31 & April 5, 2013 (CEUs 14)

CERTIFIED INSTRUCTOR, REFUSE TO BE A VICTIM

National Rifle Association, Fairfax, VA, July 2012

MARRIAGE MENTORING

American Association of Christian Counselors, Forest, VA, January 4, 2012 (CEUs 10)

AUTHORIZED FACILITATOR WORKSHOP, STEWARDS OF CHILDREN
Darkness to Light, Stoughton, MA, May 12, 2011 (CEUs 7)

STEWARDS OF CHILDREN
Darkness to Light, www.d2l.org, April 17, 2011 (CEUs 2.5)

IMAGO: A THEORY AND THERAPY OF COUPLEHOOD
Cape Cod Institute, Eastham, MA, Harville Hendrix, Ph.D., July 19-23, 2010 (CEUs 15)

BRIDGING THE GAP, COLLABORATION OF LEGAL AND MENTAL HEALTH PROFESSIONALS
Kathleen Snow, Esq., Barnstable Probate and Family Court, 2010

BIPOLAR: A NEW SLANT ON THE DISORDER
Cross Country Education, Cape Cod, MA, Jay Carter, Psy.D., DABPS, Sept. 22, 2009 (CEUs 6)

SPIRITUALITY, THE MIND, AND BELIEFS
Cape Cod Institute, Eastham, MA, Andrew Newberg, MD, Aug. 18-22, 2008 (CEUs 15)

CHILD AND ADOLESCENT NEEDS AND STRENGTHS (CANS)
UMASS Medical School, Barnstable, MA, June 10, 2008 (CEUs 5 ½)

REINVENTING MID-LIFE: SLEEP, AGING & OVEREATING
Institute for Natural Resources, Concord, CA, April 18, 2008 (CEUs 6)

HEALTHY SEXUALITY
Light University, AACC, January 2008 (CEUs 25)

A GESTALT APPROACH TO ORGANIZATIONAL DEVELOPMENT
Cape Cod Institute, Eastham, MA, June 27-July 1, 2005, Edwin Nevis, Ph.D. (CEUs 15)

SELF-HARM: EATING, INJURY, BODY-MODIFICATION
Cape Cod Institute, Eastham, MA, Aug. 23-27, 2004, Sharon Farber, Ph.D. (CEUs 15)

RESURRECTING SEX
Cape Cod Institute, Eastham, MA, Aug. 23-27, 2003, David Schnarch, Ph.D. (CEUs 15)

BOARD CERTIFICATION IN ACUTE TRAUMATIC STRESS
American Association Of Experts In Traumatic Stress, 2002 (CEUs 8)

PARENTING YOUR OUT-OF-CONTROL TEENAGER
Cape Cod Institute, Eastham, MA, June 24-28, 2002, Scott P. Sells, Ph.D. (CEUs 15)

ERICKSONIAN HYPNOSIS
Cape Cod Institute, Eastham, MA, July 9-13, 2001, Jeffery Zeig, Ph.D. (CEUs 15)

CONSTRUCTING THE SEXUAL CRUCIBLE: INTEGRATING SEXUAL AND MARITAL THERAPY
Cape Cod Institute, Eastham, MA, July 24-28, 2000, David Schnarch, Ph.D. (CEUs 15)

MIND-BODY MEDICINE IN CLINICAL PRACTICE
Albert Einstein College of Medicine, July 5-9, 1999, James S. Gordon, M.D. (CEUs 15)

THE ASSESSMENT AND TREATMENT OF JUVENILE FIRESETTERS
Child & Family Service of Cape Cod, June 4, 11 & 18, 1999 (CEUs 16.5)

EXPLORING THE MYSTERIES OF EMDR
Arbour Health System, 2/5/1999 (CEUs 6.5)

RECOGNIZING AND UNDERSTANDING STRESS AND DEPRESSION IN FAMILIES WITH CHILDREN BIRTH TO THREE
MSPCC & The Psychiatric Collaborative, 11/18/98 (CEUs pending)

TREATMENT OF CHILDREN & ADOLESCENTS WITH ATTACHMENT DISORDERS
Bradley Hospital, 6/26/98, Beverly James

TRAUMA REACTIVE CHILDREN/THE EFFECTS OF NEGLECT
South Bay Mental Health, 4/3/98, Kevin Creeden/Maureen Tempesta Carnes (CEUs 6)

GESTALT THERAPY WITH CHILDREN: WINDOWS TO OUR CHILDREN
Albert Einstein College of Medicine, August 18-22, 1997, Violet Oaklander (CEUs 15)

DIALOGUE IN GESTALT THERAPY: A RELATIONAL APPROACH TO DEVELOPMENT IN PSYCHOTHERPY
Albert Einstein College of Medicine, June 23-27, 1997, Lynn Jacobs (CEUs 15)

WORKING WITH INVOLUNTARY CLIENTS
The Gestalt Institute of New England, Cape Cod Site, 1/11/97

CRITICAL ISSUES IN WORKING WITH ADOPTIVE FAMILIES
South Bay Mental Health, 10/18/96 (CEUs 6)

GESTALT TRAINING, Cape Cod Gestalt Institute, Barnstable MA
Dec. 1994 – Mar. 1995, Introductory (30 hours)
April 1995 – June 1995 (30 hours)
Sept. 1995 – Dec. 1995 (36 hours)

SOCIAL WORK TRAINING, Dept. of Social Services, 1993 – 1996
Pre-service training
Specialized Family Assessment
Service Planning

SEX ABUSE, OFFENDER, ASSESSMENT AND TREATMENT WORKSHOP
South Bay Mental Health, Dec. 1994 (CEUs 6)

SOLUTION-ORIENTED BRIEF THERAPY WORKSHOP, Steven Friedman, Ph.D., Sept. 1994

THE KEY PROGRAM, INC., 1991-1992
Family Dynamics and Family Work; Treatment Planning and Clinical Assessment; Therapeutic Recreation; Group Dynamics; Individual and Group
Counseling; Crisis Intervention and Non-Violent Physical Restraint; Educational Services

TEACHING ADOLESCENTS PROBLEM-SOLVING SKILLS THROUGH PEER GROUPS
St. Aloysius Home, 1992

“PASS-IT-ON” INDEPENDENT LIVING
Kathy Crowe, 1992

RAPE CRISIS HOTLINE RESPONSE CERTIFICATION, North Shore Rape Crisis Center, Beverly, MA
Feb. 1990 (35 hour certification)